

Al Rowlett



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Turning Point Community Programs

CEO

Patient Advocate, Mental Health

Appointed by the Speaker of the Assembly

Al Rowlett is the Chief Executive Officer of Turning Point Community Programs, overseeing the operation of 25 programs serving almost 5,000 adults and children with psychiatric disabilities in seven Northern California counties. Al has been with this highly respected non-profit mental health agency since 1981. He holds a Bachelor of Arts degree from Ottawa University, a Master of Business Administration in Health Services Management from Golden Gate University, and a Master of Social Work from California State University, Sacramento and is a licensed social worker.

Since 2003, Al has served on the board of the Child Abuse Prevention Center, and from 2008, served as an executive board member of the California Institute for Behavioral Health Solutions (formerly California Institute of Mental Health) and is currently the Board Chair. Al is also an active board member of the California Institute for Regenerative Medicine. He is an educator, a Volunteer Clinical Professor at University California, Davis Department of Psychiatry. Al is also a Commissioner for the U.S. Psychiatric Rehabilitation Association, and is slated to serve until 2015.

Al was a part-time faculty member at California State University, Sacramento Division of Social Work from 2011-2013. In addition, he has led numerous committees, webinar on psychosocial rehabilitation, immersion trainings and discussions in equity, cultural competence, stigma and leadership to assist practitioners, teachers and members of the community. Al was on the task force for Sacramento County Supervisor Phil Serna addressing African American Child Death. He was also an elected representative for Trustee Area 7 of the Elk Grove Unified School District in 2010 and served through 2012, following appointment to the Board of Education in August 2009.